

**Commission on the Aging
4 Brush Hill Road
New Fairfield, Ct 06812**

**Meeting Minutes
Tuesday July 23, 2024
7:30pm**

Members in Attendance

Kathy Hull, Roberta Ilardo, Cindy LaCour, Cathy McCarthy and Maureen Salerno. Lisa Zustovich took the meeting minutes.

Pledge of Allegiance

Motion to approve Minutes

Approve the June 25, 2024 Meeting Minutes-Roberta Ilardo made a motion to approve the 6-25-24 meeting minutes as written 2nd by Cathy McCarthy, all in favor. **Approved**

Correspondence/Announcements

None

Old Business

Community Forum-October- Date set for Oct 19th, 10am

- * Suggested name change- Maureen Salerno suggested “Candid Conversations” as a name change for the forum. Members in attendance liked it. This will be discussed again next month.
- * Keynote speaker- Ann Fowler, Elder Law Attorney. Commission members discussed what they thought she should address.

Topics mentioned:

- No secrets
- Don't hide things
- What really matters to you?
- Being forthright with your children
- How early do you start planning?
- What are you afraid to ask/tell?
- Tools available-such as Power of Attorney, Living Will (What are they? What do they do?)

Ciny LaCour said she could also speak with Dr. Samantha Haug, Psychologist with supportive care to come to speak at the forum.

- * Format- Commission discussed that having these two speakers would be enough with time for questions & answers.

New Business

Maureen Salerno said she spoke with Joe Simon who works with the organization Off the Streets. She would like to invite him to the August meeting on 8/27. She will reach out to him.

Sub-Committee Reports

Housing- No discussion

Senior Center Listening Session- Roberta Ilardo discussed Uniball 207 super ink pens with seniors. These pens protect against water, fading and fraud. She found out about them from family members that are retired police officers.

Taxes- Brief discussion about the budget passing. Tax increase of 4+%. Taxes due August 1st and will be late after September 1st.

Transportation- Kathy Hull said FISH is doing well but can always use drivers and donations. She mentioned that Friday night bingo has been a great way to bring in money for FISH.

Senior Center Report

Kathy Hull provided the Senior Center report and calendar of events. June attendance 1612, average daily attendance 85, new members 15.

Public Comment

None

Adjourn

Cindy LaCour made a motion to adjourn the meeting, 2nd by Roberta Ilardo, all in favor.
Adjourned @ 8pm.

Received by email on 7/29/2024 @ 3:36 p.m.
by Tricia Quinn, Asst. Town Clerk, New Fairfield