HOPE IN ACTION



QPR SUICIDE PREVENTION TRAINING Uniting Research & Compassion to Save Lives

Join Western CT Coalition for an immersive webinar that equips you with life-saving skills to prevent suicide and become a Merchant of Hope.

In this training, you will:

- Recognize warning signs of suicide
 Use the "Question, Persuade, Refer" (QPR) approach to connect individuals to help
- Become a beacon of hope for others

SPRING 2024 SCHEDULE

All trainings are held from 1:00-2:45 PM on Zoom

May 1 Register HERE

May 29 Register HERE