

Join us for important discussions and training opportunities related to gambling, suicide, and substance use

Sponsored by New Fairfield Together in Wellness and hosted by the New Fairfield Public Library. All programs are 6:00-7:30 p.m. and will be facilitated by Kathy Hanley, Certified Prevention Specialist and Behavioral Health Director with Western CT Coalition

A COMMUNITY CONVERSATION ABOUT GAMBLING **March 13, 6:00-7:30 p.m. in the Library Program Room**

March is Problem Gambling Awareness Month!

Legalization of online casino and sports betting provides endless opportunities to place bets. Attend this community conversation to learn more about the impact of problem gambling, and how to help a loved one, family member, or friend. Resources will be shared.



QPR SUICIDE PREVENTION TRAINING

Uniting Research & Compassion to Save Lives

April 10, 6:00-7:30 p.m. in the Library Community Room

This training equips you with life-saving skills to prevent suicide and become a Merchant of Hope:

- Recognize warning signs of suicide
- Use the "Question, Persuade, Refer" (QPR) approach to connect individuals to help
- Become a beacon of hope for others



NALOXONE OVERDOSE PREVENTION TRAINING

Discover life-saving skills to prevent opioid overdoses

May 8, 6:00-7:30 p.m. in the Library Community Room

Gain the knowledge and confidence to:

- Recognize the signs and symptoms of opioid overdose
- Administer naloxone (Narcan) and reverse overdoses
- Identify harm reduction strategies and support resources
- Advocate for overdose prevention in your community



Registration is required. Please visit the Events tab then Program Calendar and Registration at www.newfairfieldlibrary.org or scan the QR code. For more information, call 203-312-5682.



with support and funding from

