

**Commission on the Aging
4 Brush Hill Road
New Fairfield, Ct 06812**

**Meeting Minutes
Tuesday September 26, 2023
New Fairfield Senior Center
7:30pm**

Members in Attendance

Anita Brown, Kathy Hull, Roberta Ilardo, Cindy LaCour, Cathy McCarthy and Maureen Salerno. Lisa Zustovich took the meeting minutes.

Pledge of Allegiance

Motion to approve Minutes

Approve the August 22, 2023 Meeting Minutes- Anita Brown -under housing ,change housing opportunity committee plan to Draft Housing Affordability Plan (HAP). Cindy LaCour made a motion to approve the 8/22/23 minutes as amended, 2nd by Anita Brown, all in favor. **Approved as amended**

Correspondence/Announcements

The Commission discussed an email from Ann Rothstein regarding the next Regional COA meeting. There was a discussion regarding how some felt past meeting having been informal COA focused and that these lately have felt Senior Center focused. Commission members discussed having previous engagements and being unable to attend the next regional meeting.

Old Business

Community Forum- Aging in Place- A Reality Check- The topic of the forum will be on housing, name TBD. The date will be March 9th. The Commission discussed ways to approach the topic with seniors. The discussion included seniors selling their homes, transitioning out of their homes, seniors may not know they have options, how to approach this subject with seniors.

Should we consider a political platform meeting?- Erroneously included on agenda, no discussion.

New Business

None

Sub-Committee Reports

Housing- Anita Brown, The Draft Affordability Plan (DAP) is up on the website and there is an article in the Town Tribune. The Planning Commission is hosting a listening session for boards and Commissions to reflect on the 2014 Plan of Conservation Development (POCD) and make recommendations on what should be kept/dropped and as far as Housing is concerned, what NF could benefit from. This will be held at the Firehouse on Rte. 39 on Oct 23rd @ 7pm, they will have 5 mins to talk and submit a 1-2 pages in response to their questions.

Senior Center Listening Session- Roberta Ilardo had a listening session at the Senior Center on Sept 14th. She discussed forgetting things and did a little song with props to the tune of “head, shoulders, knees and toes” that went “glasses, wallet, keys & phone”. Next session will be Oct 12th.

Taxes- No discussion

Transportation- No discussion

Senior Center Report

Kathy Hull provided a copy of the activities that were available at the Senior Center for the month of August. Average daily attendance for August was 84 which was up from 67 last August. Flu Shots will be available from 1-3pm tomorrow thru Candlewood Drugs. They will be having a Health Fair on Tuesday, Oct. 10th.

Public Comment

None

Adjourn

Cathy McCarthy made a motion to adjourn the meeting, 2nd by Cindy LaCour, all in favor. Meeting adjourned at 8:35pm.

Received by email on 10/03/2023 @ 8:30 a.m.
by Tricia Quinn, Asst. Town Clerk, New Fairfield