

**COMMISSION ON THE AGING
4 Brush Hill Road
New Fairfield, CT 06812**

MINUTES

Meeting

January 23, 2018

A meeting of the Commission on the Aging was held on Tuesday January 23, 2018 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:30pm. Secretary, Jeanette Larca, took the minutes.

Present: Maureen Salerno, Chair, Cindy LaCour, Vice Chairman, Kathy Hull, Julia MacMillan, Anita Brown, Katy Johannssen, Janet Loya and Jeannette Sweeney

Absent: Roberta Ilardo

MINUTES:

Julia MacMillan made a motion to accept the Minutes of the December 5, 2017 Meeting with one correction, seconded by Janet Loya. Unanimous

CORRESPONDENCE/ANNOUNCEMENTS:

- The Commission received an invitation to attend the White Elephant auction at the Senior Center on Wednesday, February 7th at 1:00pm. This senior center favorite is a bit of a rummage sale except we get to bid and compete for each item. If anyone has any items they would like to donate please bring them over to the Senior Center. All proceeds will help support senior activities.

OLD BUSINESS

1. Community Forum on Advance Planning, March 24, 2018

For the forum, Julia MacMillan has created a 45-minute PowerPoint presentation, which will be followed by a Q&A session, a break and will then play the game “Go Wish” to stimulate the thought process. The card game has phrases like: ‘Not dying alone’, ‘To die at home’, ‘To trust my doctor’, ‘To have close friends near’, etc. The forum is going to be on March 24th from 10:00am thru noon. Its likely Julie will have someone to assist her. The commission thinks that “Advance care planning, what are your wishes”, might be a good title for the forum. Maureen and Jeanette are going to start creating a flier.

2. Ongoing Needs Assessment- Feedback from January 9th visit to the Senior Center:

The commission received many completed surveys with lots of great feedback. The majority concerning senior housing and transportation. There was also a discussion that the Senior Center did not offer services for the hearing impaired. The commission is going to find out more information about the “Williams Sound System”. The next two visits are scheduled for February 13th at 10am and March 13th at 1pm.

3. Hart Bus Rides for the Commissioners:

The Hart Bus Rides has been moved to the next meeting for discussion

NEW BUSINESS

1. Outstanding Senior of the Year “May” Older American Month:

May is “Older Americans Month”. Commissioners were asked to think of a special person that has given years to the town that they would like to honor this year to be discussed at the next meeting.

2. Community Forum- Caregiver Resources, June 3, 2018:

The commission thought it might a good idea to break the forum into two parts, the first in June and the second in September. Definite dates still need to be confirmed. Commissioners also discussed that a layout similar to a fair would be a good option. It as also suggested having a guest speaker kick off the forum. Cindy White, our social worker, may be a great choice for the caregiver resources speaker.

3. Senior Center Report:

Kathy Hull distributed and discussed the Senior Center as outlined. The total attendance for 2017 was 20,422 with a daily average of 86. Requests for additional programs continue to increase. The director is looking for more hours for the senior center coordinator making it a full-time program coordinator.

PUBLIC COMMENT:

None

ADJOURN:

Cindy LaCour made a motion to adjourn at 8:35, seconded by Katie Johannssen - Unanimous