COMMISSION ON THE AGING 4 Brush Hill Road New Fairfield, CT 06812

MINUTES

Meeting

January 24, 2017

A meeting of the Commission on the Aging was held on Tuesday January 24, 2017 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:30pm. Secretary, Laurie Busse, took the minutes.

Present: Maureen Salerno, Chair, Cindy LaCour, Vice Chairman, Kathy Hull, Katy Johannssen

Absent: Roberta Ilardo, Janet Loya, Julia MacMillan, and Jeannette Sweeney

MINUTES:

Cindy LaCour made a motion to accept the Minutes to the September 27, 2016 Meeting as presented, 2nd by Katy Johannssen. Unanimous

CORRESPONDENCE/ANNOUNCEMENTS:

- Stephanie Shaughnessy resignation. If any Commissioners know of someone who may be interested in joining, please have them contact Maureen Salerno.
- The budget has been submitted.

OLD BUSINESS

1. <u>Summit Meeting with Area COA's:</u>

This past Summit Meeting was hosted here in New Fairfield. The next Summit Meeting will be in Ridgefield in April. Further discussion was tabled until the February meeting. Please contact Maureen Salerno with any ideas you would like her to bring to the April Summit.

NEW BUSINESS

1. <u>Next Community Forum</u>

The topic will be the emotional and financial cost of care giving. The speaker will be Dr. Jorge Aguilar-Zanatta, Director of Consultation Psychiatry at Danbury Hospital. The date was tentatively set for Saturday April 8, 2017, 10am-12noon. Discussion followed on the importance of taking care of yourself while caring for others and creating a partnership or team with other family members to help. Further discussion focused on responders to Dr. Zanatta such as Carolyn DeRocco, Respite or CCCI. Discussion focused on possible sponsors for the Forum.

2. <u>Senior Center Report:</u>

Kathy Hull reported. Judy has been out since December and she has been relying on volunteers. The average daily attendance for the year was 86 patrons a day. This year, again, she requested a full time Program Coordinator. She was told by the BOE/BOF for this to happen the Senior Center would have to take in an additional \$28,000 in revenue.

The Internet Café will have its Grand Opening on Monday February 27 and have Microsoft Surface tablets.

PUBLIC COMMENT:

ADJOURN:

Maureen Salerno made a motion to adjourn at 8:15, 2nd by Cindy LaCour Unanimous