

**COMMISSION ON THE AGING
4 Brush Hill Road
New Fairfield, CT 06812**

MINUTES

Meeting

September 24, 2013

A meeting of the Commission on the Aging was held on Tuesday September 24, 2013 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:30pm. Secretary, Laurie Busse, took the minutes.

Present: Maureen Salerno, Chair, Cindy LaCour, Vice Chairman, Janet Loya, Katy Johannssen, Roberta Ilardo, and Stephanie Shaughnessy

Absent: Kathy Hull and Jeannette Sweeney

MINUTES:

Roberta Ilardo made a motion to accept the Minutes to the August 27, 2013 meeting as amended, 2nd by Cindy LaCour, unanimous.

CORRESPONDENCE/ANNOUNCEMENTS:

- Julie McMillan has not yet received her letter from the BOS confirming her appointment. Maureen Salerno will look into this.
- Prime Time Fitness will be relocating and the only business left in the shopping plaza will be the bank. The property owner expressed an interest in constructing 12 to 20 affordable senior housing units in that complex by constructing a 2nd story addition over the existing building but would like the maintenance and upkeep to be taken over by someone else. Discussion followed on the approximate cost of the rental units may be in the area of \$900-\$1100 a month.

OLD BUSINESS

1. Fall Community Forum:

The Commission on the Aging will host the New Fairfield Housing Trust in a community dialogue on housing on Saturday November 9 from 10am to 12 noon. Cindy LaCour will be the Moderator and Maureen Salerno will be one of the panelists. When Kathy Hull returns from vacation we will double check the dates as there may be a Park & Rec event going on upstairs in the Community Room and it may be possible for that event to use the Senior Center instead. Ray Juskiewicz is available that Saturday. It is not feasible to have the Community Forum downstairs as the upstairs is set up to be televised. Discussion followed on space confinements and it was decided not to serve refreshments. Ellen Burnette will be invited to the event.

2. Area Wide Summit

Newtown Commission on the Aging would like to host an area wide summit in November.

3. September Surprise

Will now be an October surprise.

4. Spring Community Forum

The topic will be on helping adult children bring up the end of life talk with their parents. The focus will be on how to have “that talk” without creating anger or resentment and planning the talk appropriately and perhaps keeping humor in it. The date will be Saturday April 26 in the morning. Discussion followed there was an article in the Danbury News Times about the reason doctors don’t have “that talk” with their patients as it is not Medicare billable.

NEW BUSINESS

1. Senior Center Report:

Tabled

PUBLIC COMMENT:

ADJOUR:

Cindy LaCour made a motion to adjourn the meeting at 8:15pm, 2nd by Janet Loya, vote unanimous.