

**COMMISSION ON THE AGING
4 Brush Hill Road
New Fairfield, CT 06812**

REVISED MINUTES

Meeting

July 23, 2013

A meeting of the Commission on the Aging was held on Tuesday July 23, 2013 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:30pm. Secretary, Laurie Busse, took the minutes.

Present: Maureen Salerno, Chair, Cindy LaCour, Vice Chairman, Katy Johannssen, Janet Loya, Stephanie Shaughnessy, Kathy Hull and Roberta Ilardo

Absent: Jeannette Sweeney

MINUTES:

Cindy LaCour made a motion to accept the Minutes to the April 23, 2013 meeting as presented, 2nd by Janet Loya, unanimous. Cindy LaCour made a motion to accept the Minutes to the May 22, 2013 meeting as presented, 2nd by Stephanie Shaughnessy, unanimous. Katy Johannssen made a motion to accept the Minutes to the June 25, 2013 meeting as presented, 2nd by Kathy Hull, unanimous.

CORRESPONDENCE/ANNOUNCEMENTS:

- **John Hodges Resignation:** This may seem like old hat but it has been a while since the last meeting and the Commission discussed sending a letter of recognition to John Hodge. Maureen Salerno will write the letter.
- **Contact from Newtown Commission on the Aging:** Curt Symes, Chair of the Newtown COA contacted Maureen Salerno about hosting an area wide summit. Details to follow.

OLD BUSINESS

1. Spring Community Forum:

The evaluation forms from the spring community forum “Aging in Place, Gains and Losses” were returned with positive responses. Maureen Salerno thanked Kathy Hull for writing the article for the Citizen News. Discussion followed on the forum events.

2. May Older Americans’ Month

May was Older Americans’ Month and the Commission recognized Kathy Hull, Mary Carniero, and Cindy White for their outstanding efforts to the senior citizens of New

Fairfield. Discussion followed several of the Senior Center patrons were delighted that these ladies' efforts were recognized and perhaps this will be a yearly event.

NEW BUSINESS

1. October Community Forum

Maureen Salerno contacted Peter Spiers, author of the book "Master Class" to see if he does pro bono speaking engagements. To date she has not heard back. Discussion followed on the topic for the next community forum which included perceptions—children's perceptions vs. aging parents' perceptions or how to have a dialog about quality of life issues and how to approach getting ready for end of life issues. The Commission will think of a topic for next month's meeting.

2. Senior Center Report:

Kathy Hull reported they are using the key cards. There were 346 meals served and an average daily attendance of 93.4 people. June was "Men's Month" and there were many programs and sign ups geared toward men, such has a barber, motorcycle talks, and a kayaking demonstration. The new budget does not give Mary any additional hours and the union contract approved a 2.3% increase.

PUBLIC COMMENT:

ADJUOUR:

Katy Johannssen made a motion to adjourn the meeting at 8:20pm, 2nd by Cindy LaCour, vote unanimous.