

**Commission on the Aging  
4 Brush Hill Road  
New Fairfield, Ct 06812**

**Meeting Minutes  
New Fairfield Senior Center  
Tuesday February 22, 2022  
7:30pm  
Zoom meeting**

**Meeting Moderator:** Paul Gouveia

**Members in Attendance**

Anita Brown, Kathy Hull, Janet Loya, Julia MacMillian and Maureen Salerno. Lisa Zustovich took the meeting minutes. Ava Cerbone-WCSU SW Student also in attendance.

**Pledge of Allegiance**

**Motion to approve Minutes**

**Approve the January 25, 2022 Meeting Minutes-** Kathy Hull made a motion to approve the 1-25-22 meeting minutes as written, 2<sup>nd</sup> by Janet Loya, all in favor, Approved

**Correspondence/Announcements**

None

**Old Business**

**Goals and objectives for the fiscal year 2021-2022-** Maureen said she met with Father Tim from St. Edwards Church, his goal has been socialization. Maureen said he was interested in outreach. Father Tim has a good group of young adults ages 18-35, maybe they can get them together with the seniors. Anita said she felt it was important to support efforts to encourage housing opportunities. Janet said once the Senior Center is fully open again they can start scheduling forums again.

**New Business**

**Outreach Programs-** discussed along with Old Business.

**Sub-Committee Reports**

**Housing-** Anita Brown- Anita discussed attending a zoning workshop with the Zoning Commission. The State requires that towns present their plan in June for affordable housing. This upcoming Thursday @ 7:30pm the BOS will be discussing the Ad Hoc Housing Committee created and looking for 5-7 members (both Republicans and Democrats, varied age ranges) for the Commission. This is a zoom meeting. Anita encouraged members of the COA to attend. Kathy said she felt that educating town residents regarding affordable senior housing is very important.

**Senior Center Listening Session-** A session was made available but no one signed up.

**Taxes-** Janet Loya said taxes are higher, has a lot to do with the school building projects.

**Transportation-** Kathy Hull said she has brochures for FISH at the Senior Center and that they are available at the local churches as well.

### **Senior Center Report**

Kathy Hull- Senior Center is fully functional, mask optional and back to regular programming. They will have a doctor from Candlewood Valley Rehab come to do talks. One talk will be on heart health another will be on hip replacements. They are also planning their Mother Daughter Tea in April. Linda Lee Arnold, an attorney, will come to talk about long term care insurance and what the pitfalls are. People have been coming in for exercise and art classes. They have 2 trips planned, one in May, one in June. One trip will be to the Hildene Mansion, the other to the Majestic Theater to see 9-5. Janet asked if the lunch program would be coming back, Kathy said no, they did not have enough attendance prior to the pandemic. They currently have Grab-and-Go lunches and Meals on Wheels available.

### **Public Comment**

None

### **Adjourn**

Anita Brown made a motion to adjourn the meeting, 2<sup>nd</sup> by Janet Loya, all in favor. Meeting adjourned @ 8:25pm.