

**COMMISSION ON THE AGING
4 Brush Hill Road
New Fairfield, CT 06812**

MINUTES

Meeting

February 22, 2011

A regular meeting of the Commission on the Aging was held on Tuesday February 22, 2011 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:30pm. Secretary, Laurie Busse, took the minutes.

Present: Maureen Salerno, Chair, Cindy LaCour, Vice Chair, Kathy Hull, Katy Johannssen, and Jeannette Sweeney, Bob Alberetti and Roberta Ilardo (at 7:50pm)

Absent: Janet Loya.

Elevation of Alternates:

Jeannette Sweeney was elevated to full voting status.

MINUTES:

Cindy LaCour made a motion to accept the Minutes to the December 7, 2011 meeting as amended, 2nd by Katy Johannssen vote 6-0.

CORRESPONDENCE/ANNOUNCEMENTS:

OLD BUSINESS

1. Are You Living the Retirement You Imagined? With Dr. Nancy Humphreys

The motto for this program is “You are Never Too Young to Start to Plan and Never Too Old to Change Course”. Dr. Humphreys will speak about the quality of life and redefine retirement. Maureen Salerno has spoken with several churches in Town as well as the Knights of Columbus and the Lyons Club. All groups were very welcoming and she asked that if they drive someone, to please stay. Discussion followed on the stipend for Dr. Humphreys. The program will be held on Saturday March 12 from 10:30am to 12:30pm and refreshments will be served. Discussion focused on who will bring in refreshments. Kathy Hull will contact Ray Juskowitz to see if he can put this on Channel 17 as well as video tape it. Kathy Hull will also make sure there is a podium and a microphone for Dr. Humphreys. If John Hodge is not available to give the welcoming speech, then Susan Chapman will.

2. The Cost of Aging, Who Pays and How:

To date 4 of the 6 sponsors have submitted donations in the suggested amount. Katy Johannssen will follow up with Glen Hill. Ridgefield VNA was wondering if they can provide a service in lieu of a donation. Discussion followed a donation would be best. Currently the sponsors are:

- Bethel Health Care
- Candlewood Valley Health and Rehab
- The Gardens Assisted Living
- Ridgefield VNA
- Village Crest

The Presenters are:

- Tom Asheton, Senior Specialty Realtor
- Kathy Hull New Fairfield Senior Center Directors
- Barbara Reynolds, Elder Law Attorney
- Cindy White, New Fairfield Director of Social Services

The Commission will look into the cost of finger foods such as sandwiches, cheese trays, chips/dips and veggies. The sponsors will have tables set up around the perimeter of the room. Further discussion focused on getting name plates for the sponsors and presenters. Kathy Hull will put a "Save the Date" into the monthly newsletter that goes out next week.

3. COA Membership Update:

Katy Johannssen was re-appointed from an alternate position to a full member. Jeannette Sweeney, Cindy LaCour, and Kathy Hull were also reappointed to their current positions. There are 2 Alternate positions open. Discussion followed on party rules.

4. Older Americans Month:

May is Older Americans Month. The Commission discussed possible candidates which included centenarians and the award would go to everyone over the age of 100. Discussion focused it would be important to include everyone in that category and ways to contact them.

NEW BUSINESS

1. Senior Center Report

The Annual Senior Center Report was distributed and discussed as outlined. Attendance for January was down due to several snow days. There are over 1,300 people registered with 8,695.75 volunteer hours that have an in kind value of almost \$72,000 at the minimum wage of \$8.25.

PUBLIC COMMENT:

ADJOURN:

Bob Alberetti made a motion to adjourn at 8:45pm 2nd by Cindy LaCour vote 7-0.