

**COMMISSION ON THE AGING
4 Brush Hill Road
New Fairfield, CT 06812**

MINUTES

Meeting

October 26, 2010

A regular meeting of the Commission on the Aging was held on Tuesday October 26, 2010 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:30pm. Secretary, Laurie Busse, took the minutes.

Present: Maureen Salerno, Chair, Cindy LaCour, Vice Chair, Kathy Hull, Katy Johannssen, Jeannette Sweeney, Bob Alberetti and Janet Loya at 7:37pm

Absent: Roberta Ilardo

Elevation of Alternates:

Jeannette Sweeney and Katy Johannssen were elevated to full voting status.

MINUTES:

Bob Alberetti made a motion to accept the Minutes to the September 28, 2010 meeting as presented, 2nd by, Cindy LaCour vote 6-0. Jeannette Sweeney made a motion to accept the minutes to the subcommittee meeting on October 20, 2010 as presented 2nd by Bob Alberetti vote 5-0.

CORRESPONDENCE/ANNOUNCEMENTS:

OLD BUSINESS

1. Community Forum with the Ridgefield VNA

The title will be "The Cost of Aging" and take place from 6:30pm to 8:30pm on Thursday April 7, 2011. The panelists will be as follows:

- Barbara Reynolds, Elder Law, Legal and Financial Strategies
- Cindy White, Social Worker, Showcasing Services Available in New Fairfield
- Kathy Hull, Senior Center, A Place to Connect to a Healthy and Active Life Style
- Tom Assheton, Realtor, How to Get the Best Value for Your Home in Today's Market
- Marlene Lamendola, Union Savings Bank

Discussion followed on having sponsors pay \$300.00 for a booth, or having them pay for a food or beverage item instead, the reason being is the Commission does not have a revenue line in the budget and accepting payments from sponsors may complicate things. Further discussion will be held in a subcommittee meeting. The next subcommittee meeting is tentatively scheduled for Tuesday November 9, 2010 at 7:30pm.

2. Retirement Community Forum with Dr. Nancy Humphreys:

Maureen Salerno received an email from Dr. Nancy Humphreys stating she would be interested in speaking at this program, which will be titled "Can you live the Retirement You Imagine?" Dr. Humphreys would like answers to the following questions:

- Time and date
- Income levels of the audience
- Education levels of the audience
- Objectives
- What age group are we targeting

The Commission discussed holding the Program on a Saturday morning in March from either 10am-12noon or 10:30am to 12:30pm. Possible dates are March 5, 12, or 19th. Further discussion focused on teaming up with the Library and or having the Library showcase Dr. Humphrey's books. The secretary will contact the Library to see when the Friends of the Library will be holding their book sale. The Commission discussed going to the other clubs in Town such as the Lions, Rotary, Nights of Columbus, and the Community Service Club to name a few and personally invite them to the Community Forums as well as asking the local Churches to print announcements in their Programs.

3. Needs Assessment:

Maureen Salerno contacted West Conn regarding having a student do the needs assessment survey. West Conn was delighted and explained this was a project for a senior and that being the case, it would have to wait for the fall. Discussion followed.

NEW BUSINESS

1. Senior Center Report

Attendance is down from this time last year, which may be due to people forgetting to check in. On one day in particular Kathy Hull noticed that at least 19 people had forgotten to check in. A piano was donated and the Senior Center will now be offering piano lessons at a cost of \$15 for ½ hour lesson. The piano is in the rear office.

PUBLIC COMMENT:

ADJOURN:

Jeannette Sweeney made a motion to adjourn at 8:40pm 2nd by Bob Alberetti vote 7-0. The next regular meeting will be on Tuesday December 7, 2010.