#### COMMISSION ON THE AGING 4 Brush Hill Road New Fairfield, CT 06812

## **MINUTES**

## Meeting

# December 7, 2010

A regular meeting of the Commission on the Aging was held on Tuesday December 7, 2010 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:30pm. Secretary, Laurie Busse, took the minutes.

**Present:** Maureen Salerno, Chair, Cindy LaCour, Vice Chair, Kathy Hull, Katy Johannssen, and Jeannette Sweeney.

Absent: Roberta Ilardo, Bob Alberetti, and Janet Loya.

#### **Elevation of Alternates:**

Jeannette Sweeney and Katy Johannssen were elevated to full voting status.

### **MINUTES:**

Cindy LaCour made a motion to accept the Minutes to the October 26, 2010 meeting as presented,  $2^{nd}$  by Cindy LaCour vote 5-0.

### **CORRESPONDENCE/ANNOUNCEMENTS:**

A memo dated 12/1/2010 from Jay Waterman stating the BOF has mandated a 0% budget increase for the 2011/2012 fiscal year. Discussion followed.

### OLD BUSINESS

### 1. The Cost of Aging, Who Pays and How Sponsored by the Ridgefield VNA

The program will be held on April 7, 2011 from 6:30pm to 8:30pm. A draft Program and Flyer were handed out and discussed. Maureen Salerno spoke with Ed Sbordone in the Finance Dept. If the Commission goes with sponsors, the money can be put into the supply line and then used to pay for the food and advertising. Maureen Salerno read a draft letter into the meeting addressed to potential sponsors. The Commission will request a \$100.00 donation from the sponsors and they will be able to set up a table with their literature around the perimeter of the room. Discussion followed on potential sponsors. The sponsors are requested to RSVP by January 21, 2011. Discussion focused on the length of time each speaker will have. There was concern that speakers may not be given enough time or that there would not be enough time for questions. Kathy Hull

spoke with Marlene Lamendola from Union Savings Bank. They do not offer any services such as reverse mortgages and thought that maybe it would be better if they declined our request for them to speak. So far the speakers for the program are:

- Barbara Reynolds, Elder Law, Legal and Financial Strategies
- Cindy White, Social Worker, Showcasing Services Available in New Fairfield
- Kathy Hull, Senior Center, A Place to Connect to a Healthy and Active Life Style
- Tom Assheton, Realtor, How to Get the Best Value for Your Home in Today's Market

Cindy White is not in the office and Kh will check with her when she comes back. The Commissioners will attend meetings of the local clubs such as Lions, Community Service Club, Veterans, Knights of Columbus, and the local Churches and invite them to the program.

## 2. <u>Retirement Community Forum with Dr. Nancy Humphreys:</u>

This program will be held on March 12, 2011. The time will either be 10:00am to 12 noon or 10:30am to 12:30pm. Commissioners will attend meetings of local clubs and organizations and invite them to this program at the same time they are inviting them to the Cost of Aging Who Pays and How program. Notices will be put in the Church Programs.

## 3. <u>2011Meeting Dates:</u>

The 2011 meeting dates were handed out and discussed as outlined. Cindy LaCour made a motion to adopt the 2011 meeting dates 2<sup>nd</sup> by Katy Johannssen vote 5-0.

# 4. <u>COA Membership Update</u>

Katy Johannssen, Jeannette Sweeney, Cindy LaCour, and Kathy Hull were all reappointed. Discussion followed on Katy Johannssen moving up to a full member. This will leave 2 alternate openings. Discussion followed.

### NEW BUSINESS

# 1. Senior Center Report

The Senior Center Report was distributed and discussed as outlined. The Medicare Choices Appointments are a big hit and the 2 people that run it are very helpful. The Investment Club is planning a trip into Manhattan and car pooling was discussed as well as the costs and Town liability regarding trips in general. Kathy Hull still needs a full time coordinator and with the way the budget looks this year, she may not get one. Discussion followed. The number of meals has increased, attendance is up and there will be 2 Jr. Field Study Students coming into the Senior Center.

### **PUBLIC COMMENT:**

### ADJOURN:

Cindy LaCour made a motion to adjourn at 8:27pm 2<sup>nd</sup> by Jeannette Sweeney vote 5-0. The next regular meeting will be on Tuesday January 25, 2011. Jeannette Sweeney noted she would not be able to attend this meeting.