

**COMMISSION ON THE AGING
4 Brush Hill Road
New Fairfield, CT 06812**

MINUTES

Regular Meeting

October 27, 2009

A regular meeting of the Commission on the Aging was held on Tuesday October 27, 2009 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:33pm. Secretary, Laurie Busse, took the minutes.

Present: Maureen Salerno, Chair, Jeannette Sweeney, Bob Alberetti, Janet Loya, Roberta Ilardo, and Kathy Hull

Absent: Cindy LaCour, Vice Chair, and Katy Johannssen,

Elevation of Alternates:

Jeannette Sweeney was elevated to full voting status

MINUTES:

CORRESPONDENCE/ANNOUNCEMENTS:

OLD BUSINESS

1. Community Forum: Aging in Place—Quality of Life

Jack Gesino is not available in November. Maureen Salerno would have liked to have held a community forum on November 21 so people may see the resources that are available to improve the quality of their life and to put together a panel of people who have gone through the process of moving or relocating. Discussion focused that this would take place right before Thanksgiving and that perhaps after the holidays would be a better time. In the spring the Commission would like to put together something unique to compliment the programs that take place at the Senior Center. The Commission discussed having a joint meeting with the Friends of the Senior Center and the Senior Center Advisory Committee on a Saturday morning in January.

2. Provider Resource Directory

The Provider Resource Directory is now ready for print and will be printed within a couple of weeks. The Provider Resource Directory will be available in the Senior Center

and will be distributed at the Fall Prevention Day on December 2. Directories will be mailed to all of the contractors who participated.

NEW BUSINESS

1. Senior Center Report

The Senior Center Report for October was discussed as outlined. Discussion focused on the new programs that are being offered. The Men's Breakfast is catered by the New Fairfield Food Center and the Mind Sharpeners programs are a big success. The Plow to Plate program is for organically locally grown foods. There is a huge increase in attendance. Thanks to the Friends of the Senior Center, the Senior Center now has nine (9) new computers and they will resume their computer classes shortly.

PUBLIC COMMENT:

The next meeting will be on Tuesday December 1, 2009. The 2010 meeting schedule will be voted on at that meeting.

ADJOURN:

Bob Alberetti made a motion to adjourn at 8:40pm 2nd by Jeannette Sweeney