

**COMMISSION ON THE AGING  
4 Brush Hill Road  
New Fairfield, CT 06812**

**MINUTES**

**Regular Meeting**

**July 28, 2009**

A regular meeting of the Commission on the Aging was held on Tuesday July 28, 2009 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:33pm. Secretary, Laurie Busse, took the minutes.

**Present:** Maureen Salerno, Chair, Cindy LaCour, Vice Chair, Jeannette Sweeney, Roberta Ilardo (7:40pm), Katy Johannssen, and Kathy Hull

**Absent:** Bob Alberetti and Janet Loya

**MINUTES:**

Jeannette Sweeney and Katy Johannssen were elevated to full voting status. Cindy LaCour made a motion to adopt the Minutes to the May 19 and June 23 2009 meeting, 2<sup>nd</sup> by Katy Johannssen vote 5-0.

**CORRESPONDENCE/ANNOUNCEMENTS:**

Tonight's meeting is the first COA meeting in the beautiful new Senior Center.

**OLD BUSINESS**

Maureen Salerno stated she would like to change the order of the Agenda and discuss the new Senior Center updates first.

**1. New Senior Center Update**

Kathy Hull reported. There are lots of new faces, mostly people coming in to check out the new senior center, some are signing up. With the enlarged space, classes are being offered simultaneously and it looks very professional. There are a few quirks that still need to be worked out but overall everyone is delighted with the new Senior Center.

o **Fund Raising:**

Kathy Hull discussed the Friends are conducting a "Buy a Brick Campaign". The outside patio and garden will have a brick walk way. You can have whatever you would like inscribed on the brick. The bricks cost \$100.00 each.

The Friends of the Senior Center are hosting a dinner for State Representative Mary Ann Carson to thank her for all of her help in securing the grant. The Dinner will act as a fund raiser and will be held on August 15.

o Thank You Letter(s):

The Commission discussed writing a thank you letter to the Town for the new Senior Center. Discussion followed. The thank you letter will be addressed to the 1<sup>st</sup> Selectman, John Hodge, but will thank all who contributed to the project.

**2. Provider Resource Directory**

Home Solutions is sponsored by the Dept. of Economic and Community Development (DECD) and gives funding for home projects that meet their requirements. This information will be put into the Directory. With the exception of printing, the Provider Resource Directory is completed. The printing is being held up because CACD has taken over the RSVP program and a phone number for CACD-RSVP is needed. Hopefully the Directory will be printed in one month.

**3. Community Forum**

Maureen Salerno has not yet been in touch with Jack Gesino. The Commission discussed catchy phrases to get people in the door for the Community Forum. The topic will be happiness and emotional energy to do what you need to do. The Forum will be held on Saturday November 7. Further discussion focused on another speaker LeAnn Nickelsen who does mind bending/stretching exercises. Maureen Salerno will contact Laurie Busse regarding Jack Gesino and any phrases for the title.

**NEW BUSINESS**

**1. Senior Center Report**

The Senior Center Report for June was discussed as outlined. Discussion focused on the new programs that are being offered such as Survival Spanish, Chair Dancing and the Garden Club. Home Solutions sponsored by DECD will be at the Senior Center at 1pm on August 27.

**2. Best Practices Senior Report--Tabled**

**PUBLIC COMMENT:**

**ADJOURN:**

Cindy LaCour made a motion to adjourn at 8:25pm 2<sup>nd</sup> by Jeannette Sweeney.