

**COMMISSION ON THE AGING
4 Brush Hill Road
New Fairfield, CT 06812**

MINUTES

Regular Meeting

December 1, 2009

A regular meeting of the Commission on the Aging was held on Tuesday December 1, 2009 at the New Fairfield Senior Center. Maureen Salerno called the meeting to order at 7:34pm. Secretary, Laurie Busse, took the minutes.

Present: Maureen Salerno, Chair, Cindy LaCour, Vice Chair, Jeannette Sweeney, Roberta Ilardo, Kathy Hull, and Katy Johannssen

Absent: Bob Alberetti and Janet Loya

Elevation of Alternates:

Jeannette Sweeney and Katy Johannssen were elevated to full voting status.

MINUTES:

Cindy LaCour made a motion to accept the Minutes to the October 27, 2009 meeting as presented, 2nd by Roberta Ilardo, vote 6-0

CORRESPONDENCE/ANNOUNCEMENTS:

- The 2009/2010 Budget packet was received today. The Commission is scheduled to present their budget on Wed. January 23, 2010 at 1:30pm. Maureen Salerno will contact Jay Waterman to see if this can be changed to an evening appointment. Discussion followed on the supply line and the secretary's salary.

OLD BUSINESS

1. Joint Meeting with the Friends of the Senior Center and the Senior Center Advisory Committee:

The Commission discussed possible dates for this meeting. The meeting will take place at our regular meeting on February 23, 2010 noting we will start the meeting earlier at 7pm.

2. Question and Answer Session at the Senior Center

The Commission discussed having a Question and Answer Session at the Senior Center. Anyone with questions or concerns can bring them to the COA. The date for the

Question and Answer Session will be Wednesday January 20, 2010 from 11:00am to 11:45am.

NEW BUSINESS

1. 2010 Meeting Dates

The 2010 Meeting Dates were discussed, noting the dates should be amended to show the February meeting will start at 7pm. Kathy Hull made a motion to adopt the 2010 meeting dates as amended, 2nd by Katy Johannssen, vote 6-0.

2. Senior Center Report

The Senior Center Report for November was discussed as outlined. Attendance is up. Discussion focused on the new programs that are being offered. The Men's Breakfast is very successful as well as Mahjongg. Additional classes are being offered in aerobics, sitcercise, zumba, and tai chi. Fall Prevention Day is December 2 from 10am to 4pm. This is an all day event. Lunch for this event will be provided by the Plow to Plate Program in New Milford. The Lutheran Church donated funds to help make this program a success. The Service Provider Directory will be in gift bags and 2 copies were sent to all the vendors in the Directory.

PUBLIC COMMENT:

The next meeting will be on Tuesday January 26, 2010. Roberta Ilardo will get the contact information for Lee Anne Nicholson to Laurie Busse.

ADJOURN:

Cindy LaCour made a motion to adjourn at 8:20pm 2nd by Roberta Ilardo.